



Terms and Conditions for SMS (texting)

When you sign up for text messages from The Portland Clinic, you are signing up to receive text messages related to your relationship with The Portland Clinic and partners/affiliates if applicable, including updates related to your visits, MyChart account, one-time passcode, billing notifications, prescription reminders, referrals, clinic outreach, care management and EpicCareLink access.

You can opt-out of SMS messages by texting STOP to 83176. Your opt-out request will generate one final message confirming that you have been unsubscribed. You will no longer receive SMS messages from the short code you opted out from. If you want to join again, text START to 83176 or sign up using The Portland Clinic's MyChart.

If you are experiencing issues with the messaging program you can reply with the keyword HELP for more assistance, or you can get help directly at 503-221-0161 ext 8154 or email textmsgsupport@tpcllp.com.

Carriers are not liable for delayed or undelivered messages.

Message and data rates may apply for any messages sent to you from us and to us from you. Message frequency may vary.

Our Privacy Policy is viewable on our website in the [Notice Of Privacy Practices](#). Contact us at 503-221-0161 ext 8154 or email us at textmsgsupport@tpcllp.com.